

Visiting Angels Newton/Canton is dedicated to sharing beneficial information and articles about the people that make a difference in the lives of others every day. We hope you enjoy our monthly newsletter. We are grateful to our caring team members who continue to provide consistent, knowledgeable, and skillful care to seniors and disabled adults. Thank you for being a part of Visiting Angels.



# Visiting Angels Newton/Canton



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Visiting Angels Newton/Canton | Newsletter | June 2021 [View as a webpage](#)



## U.N. promotes human rights of elderly with World Elder Abuse Awareness Day

By Kyle Barnett | [UPI](#)

The United Nations has declared June 15 World Elder Abuse Awareness Day.

The human rights wing of the oversight organization highlighted the elderly as being more susceptible to neglect, physical and psychological abuse, as well as more likely to be openly mocked.

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### Angel of the Month: Colbert Pierre



The message of newly named independent U.N. expert Claudia Mahler is clear -- not to allow any abuse of the human rights of the elderly.

"Policies based on ageist attitudes cannot be tolerated, and I urge states to monitor and implement measures to avoid ageist approaches," Mahler said in a press release. "Older persons need to have access to accountability mechanisms that provide for remedies and redress when their human rights are violated."

Mahler called on all governments, including the international community, to take action to protect the elderly from psychological and physical abuse.

An uptick in online abuse and discrimination toward the baby boomer generation, in particular, has been noted.

"Derogatory comments in the media are a direct attack against the dignity of older persons," Mahler said. "The 'boomer remover' hashtag attached to coronavirus posts and media articles calling for older persons to sacrifice themselves to save the economy or to safeguard younger generations by exposing themselves to the virus are clearly reflections of bias against older persons."

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[Click here to learn more about how you can raise awareness](#)

[The National Center on Elder Abuse Contact Information](#)



**Visiting Angels** Newton/Canton is thrilled to award Colbert Pierre Angel of the Month for June 2021. Colbert began working with us in May 2015, recently marking his 6th anniversary as a team member. Colbert is treasured by his clients as well as every **Visiting Angels** staff member who works with him. He is valued for his character, knowledge, warmth, and dedication.

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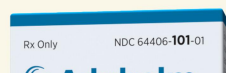
## New Alzheimer's drug could be 'devastating' for Medicare

Aduhelm is the first drug to target Alzheimer's disease in nearly 20 years and will have cascading effects on health care costs

By [KATHERINE ELLEN FOLEY](#), [DAVID LIM](#), and [RACHEL ROUBEIN](#) | [Politico.com](#).

The controversial approval of the first drug to target Alzheimer's disease in nearly 20

years has opened the door for patient advocacy groups to pressure Medicare



When caregivers go above and beyond while caring for their client, we love to acknowledge and thank them with a gift. These caregivers were most recently **Caught in the Act of Caring**:

- Marie Bellefleur-Raymond
- Vincent Joshua
- Eveline Larose
- Valerie Merceron
- Esther Nyamekye
- Pat Roberts
- Rose St. Louis



and private insurers to cover expensive tests needed to concretely diagnose Alzheimer's disease.

Advocates hope that the new therapy will be the first to slow the disease afflicting over 6 million older adults. But patients will likely have to jump through hoops or pay exorbitant prices, because the tests needed to diagnose Alzheimer's and monitor the drug's safety aren't generally covered by Medicare, potentially putting patients on the hook for out-of-pocket costs.

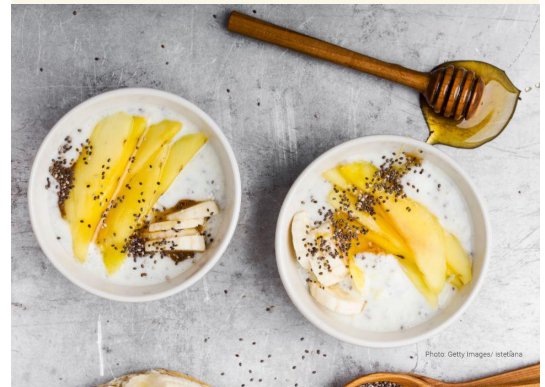


**“We need to prioritize both access and affordability, guided by input from experts based on clear clinical efficacy and scientific evidence,”**

The cascading challenges and looming questions around the new drug, Biogen's Aduhelm, could also influence whether private insurers decide to pay for other costly drugs and services. Several health experts, including those on an external advisory committee to the FDA, are skeptical that Biogen's drug will even successfully slow the progression of Alzheimer's after late-stage clinical trials yielded mixed results. The FDA's decision to grant accelerated approval to Aduhelm has led to the resignations of three members of the agency's neurological drug advisory committee.

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## Heart-Healthy Mangoes Are in Season \*Right Now\*—Here Are 5 New Ways To Eat Them



By [Allie Flinn](#) | [wellandgood.com](#)

Aside from being delicious, mangos are also packed with nutrients. “They are loaded with antioxidants,” Daily Harvest's nutritionist Amy Shapiro MS, RD, CDN, says. “Most interesting is mangiferin, which has often been called a ‘super antioxidant’ and [provides protection from free radical damage](#), preventing disease and slowing signs of aging.

[Click for recipes](#)

## Discover the Rich Culture and History of LGBTQ Life in 'Pride'

A stunning new docuseries on Hulu explores six decades of gay life in America



By [Tim Appelo](#) | [AARP](#)

More like an indie film festival than a traditional docuseries, *Pride* (FX on Hulu) is really six films about



**D-Day, 6th of June, 1944, is still remembered in honor of Greatest Generation: Viewpoint**

June 6, 2021 - Thousands of miles away this morning, across the Atlantic Ocean, in a cemetery on a bluff that looks down upon the beaches of Normandy in France, [Mathieu Guillemant](#) ensures 2nd Lt. John Howard Wheeler is not forgotten.

These “boys” from Springfield were among the soldiers, sailors, airmen, and Marines who participated in what was at the time the greatest amphibious military operation ever undertaken. The enormity of it all can be gleaned from the numbers: 5,000 ships, backed by thousands more smaller craft; 11,000 aircraft; more than 150,000 servicemen.

In an email last week, Guillemant shared that he would like to document all those from Greater Springfield who died in Europe during the war. “It is a long project, but I am confident with this. I have a list of around 400 men,” his email explains. “I already wrote 30 stories, and more than 50 will be ready very soon. I hope to get 100 stories at the end of August.”

I do what I do for veterans by helping preserve their stories in honor of my late father, Master Sgt. Robert Donald Simison, who also served with the 29th Division’s 175th Infantry Regiment and went ashore at Omaha Beach on the very same day as Arthur Burrill. One of my dad’s childhood acquaintances from our hometown of Northampton, [Lawrence E. Cave](#), was also with the 175th regiment that landed on D-plus-1. Cave would be dead on July 9, killed in action during the Battle of St. Lo. I will forever be grateful to so many that my father did come home. I will always remember D-Day, the 6th of June.

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on Hulu) is really six films about U.S. gay history from 1950 to now, by leading LGBTQ directors. You can watch each as a standalone documentary, but they’re so vividly personal, you’ll be tempted to binge them.

“*Pride* takes you through the modern history of the LGBTQ struggle — the challenges, wars, triumphs and icons that got us to where we are now,” says *Village Voice* writer Michael Musto, a longtime and vibrant chronicler of gay culture, who’s interviewed in *Pride*. “The series covers the rise of trans visibility, the downtown ‘80s club culture, the oppression of HIV and the accompanying rise in homophobia, and many other topics. It’s eye opening and head spinning.”

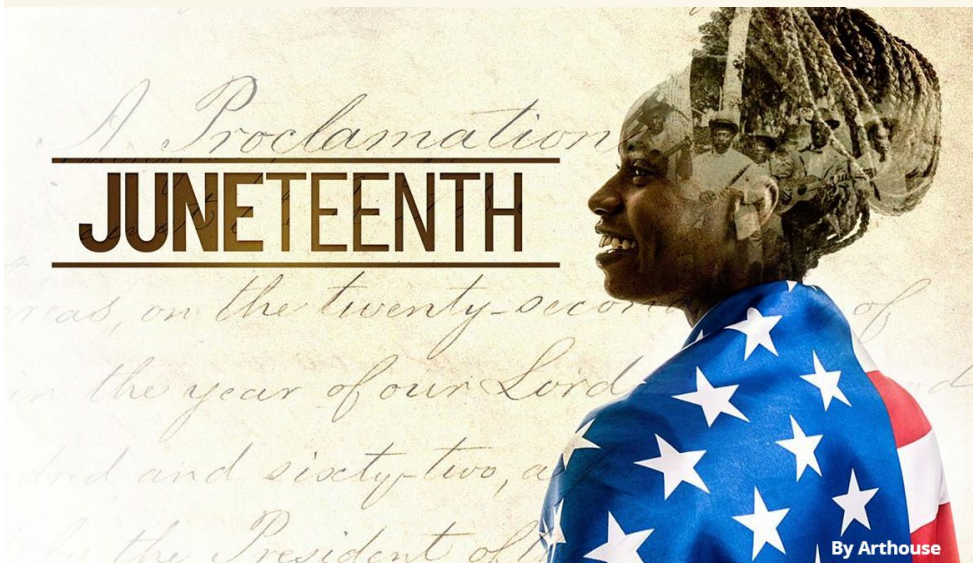
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## Person-Centered Caregiving vs. Task-Centered Care



Your senior loved one may have hearing loss, limited mobility, an inability to manage household chores, or health complications. It makes sense that as you work to arrange care, managing straightforward tasks is top of mind: hearing aids, a walker, help with dishes — check, check, check. These are essential tasks to achieve.

But many older people suffer from loneliness, depression, and isolation, too. Loneliness has been shown to precipitate declining health and can inhibit independence and mobility. That problem is not as easily solved. Loneliness can be an issue even for



“Every year we must remind successive generations that this event triggered a series of events that one by one defines the challenges and responsibilities of successive generations. That’s why we need this holiday.”

— [Al Edwards](#), Civil Rights Activist & former Houston Legislator

## Celebrating Juneteenth in Boston



*Learn more about how the City of Boston is honoring the anniversary of the day in 1865 when all enslaved people had been informed that they were free.*

Juneteenth marks the day in 1865 that Union soldiers, led by General Gordon Granger, reached Galveston, Texas. They announced to the state that the Civil War was over and that all enslaved persons had been declared free.

Although the Emancipation Proclamation had become official over two years prior, the institution of slavery remained untouched in areas beyond Union control. In taking control over the state, the Union effectively liberated the remaining slaves in Texas. They also ended this specific form of slavery in America.

For the first time, the City of Boston will officially observe Juneteenth as a state holiday on June 21, 2021, as allowed by the Commonwealth's order issued in 2020. Juneteenth is a day to gather with loved ones, celebrate Black lives, and reflect and recognize the struggle for liberation in America.

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Loneliness can be an issue even for seniors who are not living alone. As you approach care options, there are multiple paths — primarily, task-centered care vs. [person-centered professional caregiving](#) — and it's essential to consider the strengths, weaknesses, and outcomes in choosing a route for your loved one.

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